

# SAAR Madhucare

Easily Manage High Sugar Levels with  
Ayurveda

## How SAAR Madhucare Works:

- **Balances Blood Sugar Levels:** it works synergistically to enhance insulin sensitivity and improve the body's natural glucose regulation.
- **Supports Pancreatic Health:** it help in maintaining optimal pancreatic function, ensuring proper insulin production.
- **Detoxifies the Body:** Ingredients like Triphala and Neem help detoxify the liver and digestive system.
- **Improves Metabolism:** it helps to stimulate metabolism and boost overall energy levels.

## Product Range & Usage Directions :

**Capsules & Tablets:** For internal relief. Take 1 capsule or tablet twice a day or as directed by healthcare professional.

**Powder:** For internal relief. Take 1 tsp powder once twice a day or as directed by healthcare professional.

**Syrup:** Helps with internal healing and digestion. Drink 15 ml twice a day mixed with 50 ml water or as advised with water, typically after meals.

## For more information or purchase :

**Website:** [www.ayurvedaindore.com](http://www.ayurvedaindore.com)

**email:** [ayurvedaindoreshape@gmail.com](mailto:ayurvedaindoreshape@gmail.com)

**Whatsapp (Message Only):** 9827999988

A Quality Product by

SAAR Herbal Indore

An ISO & GMP certified company



"Natural Ayurvedic Remedy for Managing  
High Blood Sugar"



**AYURVEDA  
INDORE**

Available online only at  
Ayurveda Indore Store

## What is Diabetes or Madhumeha ?

Diabetes, or Madhumeha as it is referred to in Ayurveda, is a metabolic disorder that affects how the body processes glucose (sugar). When we eat, the body breaks down carbohydrates into glucose, which is the primary source of energy for our cells. However, in diabetes, either the body does not produce enough insulin (Type 1 diabetes) or the cells become resistant to insulin (Type 2 diabetes), leading to elevated blood sugar levels.

## Ayurvedic Approach to Diabetes:

In Ayurveda, diabetes is primarily seen as a disorder of the Kapha dosha, which governs growth and fluid balance in the body. Ayurveda views diabetes not just as a blood sugar problem but as a broader imbalance in the body's systems. Ayurvedic treatments focus on correcting this imbalance by using natural remedies, dietary adjustments, and lifestyle changes.

## About Madhucare

SAAR Madhucare is a time-tested Ayurvedic remedy designed to naturally manage high blood sugar levels. Formulated with over 20 powerful herbs and minerals, this blend targets the root causes of high blood sugar and helps balance your body's metabolic processes. This unique combination of natural ingredients aids in improving glucose metabolism and promotes overall health.

Whether you're looking for a natural way to support healthy blood sugar or seeking to complement existing treatments, SAAR Madhucare offers a holistic solution.

## Benefits of Ingredients

- **Ex. of Vijaysaar (Pterocarpus marsupium):** helps regulate blood sugar levels by enhancing insulin sensitivity and supporting pancreatic function.
- **Ex. of Triphala (Amla, Haritaki, Bibhitaki):** a powerful detoxifying blend that enhances digestion, boosts metabolism, and improves overall gut health.
- **Ex. of Chopchini (Smilax china):** helps control blood sugar spikes and supports healthy metabolic function.
- **Ex. of Gokshura (Tribulus terrestris):** improves kidney function and detoxifies the system, helping manage complications of high blood sugar.
- **Ex. of Neem:** is a natural purifier that helps regulate blood sugar levels and boosts immunity.
- **Ex. of Kutki (Picrorhiza kurroa):** helps in liver detoxification and improves digestive fire (Agni), which plays a significant role in glucose metabolism.
- **Ex. of Shilajeet:** A renowned mineral-rich compound, Shilajeet enhances energy levels & helps in maintaining stable blood sugar by improving metabolism.
- **Ex. of Gudmaar (Gymnema sylvestre):** Known as the "sugar destroyer," it helps reduce sugar cravings and supports insulin production,.
- **Chandrabhavati:** A classical Ayurvedic formulation that aids in managing diabetes-related complications and promotes kidney health.
- **Tribang:** A mineral-based ingredient known for its rejuvenating properties, Tribang is used to support overall vitality and control sugar levels.
- **Vrahat Vighneswar Ras:** A powerful Ayurvedic formulation used to strengthen the body's metabolism and maintain blood sugar balance.