

About Arshcare

Arshcare is a specially formulated Ayurvedic medicine made from 21 powerful ingredients, including rare herbs like Chitrak Mool, Vaividang, Indrayan Mool, and Daru Haridra, known for their healing properties in treating piles.

The active ingredients of Arshcare:

- Help relieve pain and inflammation.
- Support healthy digestion to prevent constipation.
- Aid in reducing swelling and promoting proper blood circulation in the anal region.

Arshcare as a natural and effective remedy.

Product Range & Usage Directions :

Capsules & Tablets: For internal relief. Take as directed by a healthcare professional.

Ointment: Soothing application for external hemorrhoids. Apply externally on the affected area twice daily.

Syrup: Helps with internal healing and digestion. Drink as advised with water, typically after meals.

For more information or purchase :

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A Quality Product by

SAAR Herbal Indore



An ISO & GMP certified company

SAAR Arshcare

Complete Ayurvedic Solution for Piles



"Don't suffer in silence. Try Arshcare today for fast and effective relief from piles!"



**AYURVEDA
INDORE**

**Available online only at
Ayurveda Indore Store**

What are Piles (Hemorrhoids)?

Piles, also known as hemorrhoids, are swollen veins located in the lower part of the rectum and anus. They occur when the veins in this area become inflamed, which can lead to discomfort, pain, and sometimes bleeding. Piles can be internal (inside the rectum) or external (under the skin around the anus).

Common Symptoms of Piles:

Pain and Discomfort: Particularly during bowel movements or while sitting.

Swelling and Lumps: A noticeable lump or swelling around the anus, which may be tender to the touch.

Itching or Irritation: Constant itching in the anal region, caused by the inflammation.

Bleeding: Small amounts of bright red blood may appear during bowel movements.

Mucus Discharge: Some people experience a slimy discharge or a feeling of fullness in the anus.

Types of Piles:

Internal Hemorrhoids: These are found inside the rectum and usually present no symptoms unless they are large enough to cause discomfort or bleeding.

External Hemorrhoids: These develop under the skin around the anus and can be painful, swollen, and sometimes cause bleeding.

Causes of Piles:

Chronic Constipation: Straining during bowel movements puts pressure on the veins in the rectal area, which can cause them to swell.

Sedentary Lifestyle: Sitting for long periods can lead to poor blood circulation in the anal region, contributing to the development of piles.

Pregnancy: Increased pressure on the pelvic veins during pregnancy can cause hemorrhoids in women.

Obesity: Excess weight puts extra pressure on the veins in the lower body, including the rectal veins.

Dietary Factors: A low-fiber diet can result in hard stools, leading to straining during bowel movements.

Natural Approach to Treating Piles:

Haemorrhoids is called Arsh Roga in ayurveda.. Ayurveda can help to treat or maintain piles by its unique concept of treated the 3 doshas of Vata, Pitta and Kapha. Ayurveda, the traditional Indian system of medicine, offers a holistic approach to managing and treating piles.

Ayurvedic remedies like Arshcare focus on balancing the body's natural systems and providing long-term relief without causing harmful side effects. These treatments aim to reduce inflammation, improve digestion, and strengthen the blood vessels to prevent future occurrences.

Dietary Management

Supachya meaning easy to digest diet is advised to the patients which is rich in fibers but low in carbs and too many spices. Spices tends to increase the burning sensation.